

# Jonah Week 2 – Small Group Questions

## Open:

1. On a scale of 1-10, how claustrophobic do you get in tight situations? What has been your most overwhelming or closed in experience you can remember?
2. Over the ebb and flow of last year, when were you at “low tide”? At “high tide”? Did you feel God with you more in one situation/moment over the other, or the same?

## Dig:

### Read: Jonah 2

3. What do you see in this prayer of Jonah: A psalm of thanksgiving? A call for help? Recommitment? Does it make a difference that he is praying from “inside the fish” and uses the past tense as if God had already answered his prayer?
4. Where does Jonah show assurance of deliverance in spite of appearances to the contrary? (Vs. 4,5,7,9)
5. Compare Vs 3 with 1:15: How does Jonah view circumstances? God’s control? God’s purposes?

## Reflect:

6. When have you felt like Jonah – far from God, emmeshed in a situation beyond your control? How did God bring you up from the pit?
7. Where in your life are you desperate enough to pray with hope, as Jonah does?
8. What can we learn about running from the Lord in our lives?